

KAYAK ADVENTURES



GIRL SCOUT INTEREST PROJECT SPECIAL OFFER

We at Kayak Adventures, in cooperation with the Girl Scouts of Genesee Valley have developed a program that will enable your Scouts to qualify for the **Paddle Pole and Roll Interest Project**. In qualifying your Scouts will learn valuable information about river safety, the importance of teamwork, show a significant gain in self esteem, all while learning the essentials of "Whitewater" Kayaking as it is outlined in the Interest Project program book. Kayaking offers many lifetime options, from purely recreational to a variety of competitive venues. The Total cost of the program is \$75 per scout and includes instruction and equipment. Schedules for these programs are very flexible with many options available. Currently registered members of the Girl Scouts are eligible for this program.

The **Small Craft Interest Project** for girls in the 4th, 5th and 6th grade is a low-key enjoyable program Designed to introduce the younger scouts to the sport of Kayaking. This is a 3-hour class and can be done in one day. The program cost is \$25.00 for all registered scouts. Equipment is included in the fee. This program is run at the Monroe Community College pool.

Art Miller, the Director of Kayak Adventures, a Certified ACA Whitewater Instructor and a Certified USA Canoe and Kayak Olympic Development Coach Supervises all programs. He has been teaching Kayaking at local high schools and colleges for many years. Kayak Adventures just completed its tenth year at MCC. This interest Project, with the assistance of your local council has been tailored to be Kayak specific.

You are invited to visit our Website, WWW.Kayak-Adventures.org; The requirement Documents are in convenient PDF files for your inspection. All programs are run at the MCC pool or at Rochester Canoe and Kayak Park. The level of difficulty is challenging enough to require that the Scouts need to concentrate on learning their skills, but well within the reach of all that apply themselves. Every precaution regarding Safety is made to assure that all students have an enjoyable and safe experience. The primary focus of this program is to lay the groundwork for a lifetime of safe responsible fun on the water. Dependant on the location of your Scout Troop the training sites will vary.

Paddle Pole and Roll Interest Project program schedule:

Two three hour sessions are held at the MCC Pool, followed by a full day river trip at Rochester Canoe and Kayak Park to complete the project.

Small Craft Interest Project program schedule:

One three hour session is held at the MCC pool at a time that is convenient for your Scouts. Contact Kayak Adventures to custom fit your schedule.

Note: All programs schedules can be arranged to fit your specific needs. The Two and Three Day Programs can be covered at one of the Weekend or Summer Camp programs.

For additional information contact Art Miller at 585-377-1994 or Email at artm@rochester.rr.com.
Website: www.kayak-adventures.org

Thank you, Art Miller